

Scripture Text



Fasting: *nestis* (gr) _____ from food for
_____ purposes

The Pharisees fasted _____ a week

John the last Old Covenant _____

_____ vs common law

Greek tense = “are not fasting _____”

Jesus refers to wedding custom

_____ day honeymoon/feast

_____ = special inner circle

Lifetime _____ food and drink





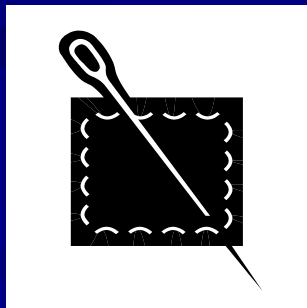
**The reason for fasting and other
spiritual disciplines:**

- To _____/sense God more clearly
- To get _____/direction from God
- To aid in _____ of sin
- To receive spiritual breakthrough _____

*With Jesus personally _____ with them
these things were not necessary at that
time.*

Wineskin Warning

- The gospel of _____ is too big to be contained by laws or practices
- Don't confuse _____ forms with spirituality
 - _____ 2 Kings 18:1-4
- All human _____ tend to get old/stale
- Forms and methods are not bad, they just need to be _____
- Seek _____ variety in your walk with God



Fasting

A _____ in many Christian circles

Strong _____ history

Jesus _____ it

One of the key spiritual _____

***But all these must be kept fresh
varied, and alive to contain the
new wine...***



Look for *Fresh Ways* to Contain the New Wine

_____/Teaching

Confession

Fasting

_____/community

Giving

Service

Solitude

