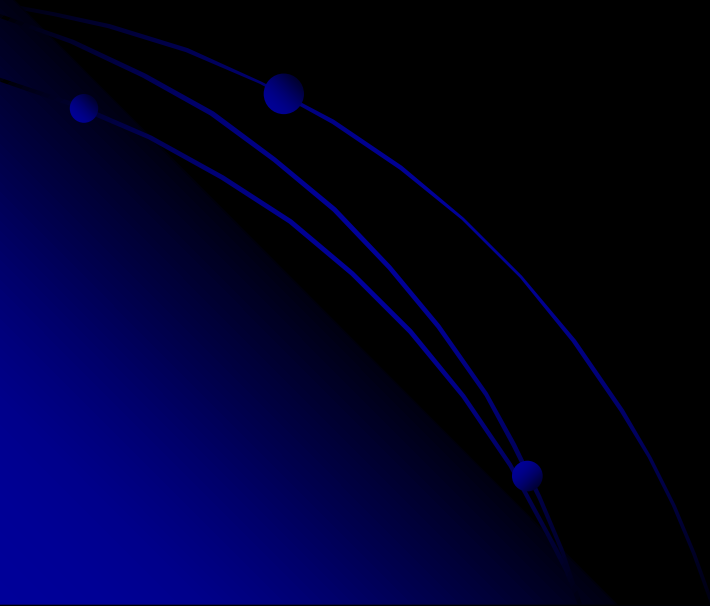
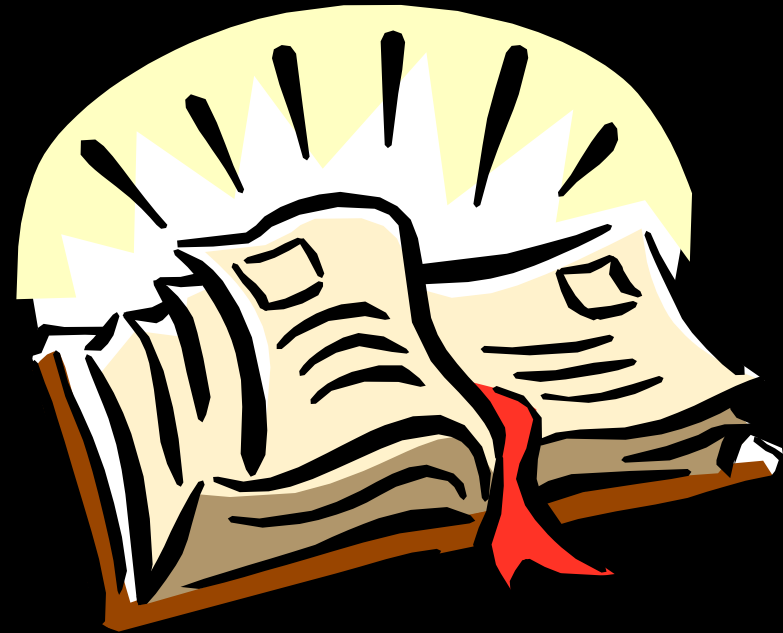


Scripture Text



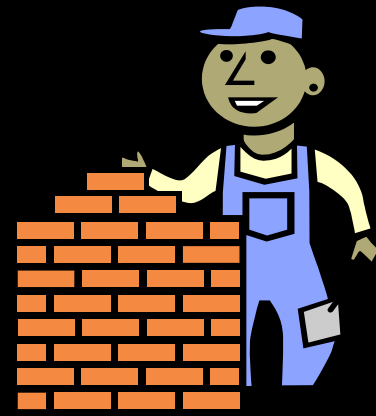
So Far we have learned that ...

Faith + Nothing = Eternal Life + _____ Works

True Faith is a _____ that transforms

Virtue or _____ actions flow from true faith.

*_____ of God's word strengthens faith
so that more right actions flow.*



- *engkrateia* (gr) self-control, temperate, inner _____
- The ability to take a _____ of oneself (gr)
 - Passion _____
 - Passion bridled but not _____
 - Passion _____ (stoics)
 - Passion harnessed/ _____
(*engkrateia*)



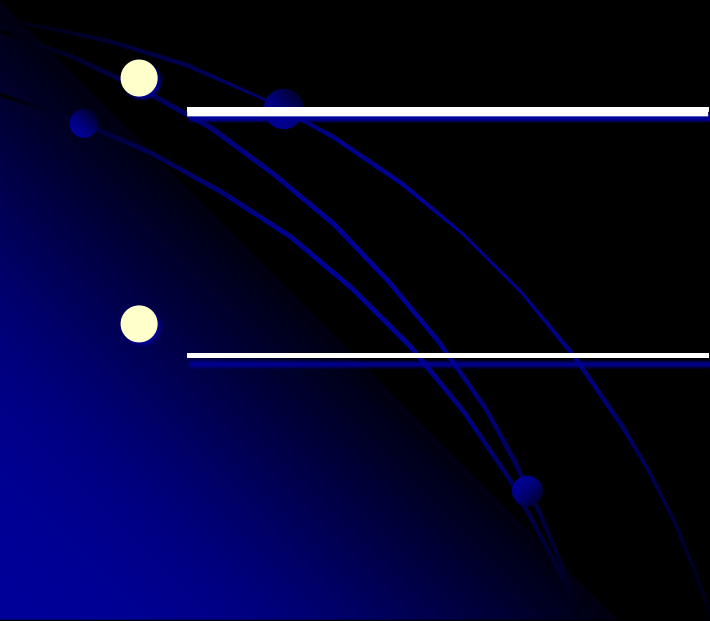
Areas of need

- _____

- _____

- _____

- _____



How?

A deep relationship with Jesus that is fortified with God's Word will _____ self-control

- **A fruit of the _____ – Gal 5:23**
 - **The Luke 11:11-13 prayer**
- **A fruit of the _____ Ps 119:9-11**
 - **Read, Study, _____**
 - **_____ not trying**



How?

- H – _____
 - God – self – another _____

- O - Open-mindedness

- _____

- W – _____
 - Take necessary _____



Interview Notes

Similarities between a physical fitness and a spiritual fitness program:

